



Wasatch Mental Health
Embracing Wellness

Services for

**Children
Youth
Adults
and
Families**

Our Mission
Excellence in Mental Health Care
Excellent Customer Service
Employee Growth and Development
Economic Stability

Melanie 801-678-0433

ADMINISTRATIVE/BUSINESS OFFICE

Westpark Building
750 N. Freedom Blvd, Suite 300

Provo, UT 84601

Phone: 801-373-4760 Fax: 801-373-0639

www.wasatch.org

Shelter Care: Provides temporary placement for youth in DCFS custody due to abuse or neglect and/or who have had a disruption in a foster care placement.

SERVICES for CHILDREN, YOUTH and ADULTS

CRISIS/EMERGENCY SERVICES

RECOVERY OUTREACH CENTER

801-373-7393

Outside of Utah County call toll-free at 866-366-7987

1175 E 300 N, Provo, UT

Provides 24-hour a day crisis and emergency services to all age groups. Crisis services are provided over the telephone and through face-to-face assessments.

INPATIENT SERVICES

Wasatch Mental Health provides hospital services in Utah County at Utah Valley Regional Medical Center (Provo, UT), Mountain View Hospital (Payson, UT), Provo Canyon Behavioral Hospital (Orem, UT) and other Utah hospitals as needed to Medicaid enrollees.

SERVICES for NON INSURED

WELLNESS RECOVERY CLINIC

580 E 600 S, Provo, UT, 801-852-3789

Provides services for individuals who are uninsured or underinsured who meet the specified income criteria. Services include medication management, group therapy and case management services.

SERVICES for INSURED

MOUNTAIN PEAKS COUNSELING CLINIC

580 E 600 S, #210, Provo, UT, 801-960-1620

Offers services for individuals who are experiencing depression, anxiety, family conflicts, emotional or psychiatric illness. This clinic accepts health plans offered by most major insurance carriers. You may call the clinic and ask if your insurance carrier is accepted.

WASATCH COUNTY SERVICES

WASATCH COUNTY FAMILY CLINIC

Mental Health and Substance Abuse Services

55 S 500 E, Heber, UT, 435-654-3003

Offers a variety of therapeutic services designed to help individuals and families who are affected in some way by mental illness and/or substance abuse.

SERVICES for CHILDREN and YOUTH

ASPIRE ACADEMY

Admission information call 801-373-4765
A residential care/treatment program for female youth, ages 12 to 18 who are in DCFS custody.

GIANT STEPS – AUTISM

Foothill Elementary School, Orem, UT

921 N 1240 E, Orem, UT, 801-226-5437

Provides intensive work with children ages 3 to 5 who have been diagnosed with an Autism Spectrum Disorder. In addition, the program provides supportive education programs that teach parents and families to encourage, educate and advocate for their child's needs.

XCEL ADOLESCENT AUTISM

801-226-5437

Provides social skills, emotional regulation skills and coping strategies for adolescents with an Autism Spectrum Disorder and teens with developmental delays.

NEW VISTA

801-375-9226

Admission information call 801-373-4765

Provides outpatient, day treatment and step-down services for male and female youth, ages 9 to 18 who have sexual behavior problems.

STRIDE

1165 E 300 N, Provo, UT, 801-373-4765

564 E 300 S, American Fork, UT, 801-763-5010

After school day treatment services to assist children ages 5 to 12 experiencing challenges with behavior and social skills due to mental illness.

VANTAGE POINT

1189 E 300 N, Provo, UT, 801-373-2215

Youth Services: Provides 24-hour a day, 7 days a week crisis residential services for male and female youth ages 10 to 17 who are ungovernable, at risk of becoming runaways or experiencing serious parent-child conflicts.

Juvenile Receiving: Provides a 24-hour a day, 7 days a week reception, screening and evaluation service for juvenile offenders who do not meet the criteria for secure detention.

ACCESS TO SERVICES

You may access Wasatch Mental Health services by calling the clinic nearest your home. (See *Service Locations* below).

Evaluations and some therapy services are provided during the evenings. Let us know if you need services in the evening.

SERVICE LOCATIONS

<p>24-HOUR CRISIS LINE Staff are available 24/7/365 801-373-7393</p>	<p>ADULT OUTPATIENT Services for Adults 750 N. Freedom Blvd Provo, UT 801-373-4760</p>
<p>AMERICAN FORK FAMILY CLINIC Services for Children, Youth and Adults 578 E. 300 S. American Fork, UT 801-763-5010</p>	<p>GIANT STEPS Autism Services 921 N. 1240 E. Orem, UT 801-226-5437</p>
<p>MOUNTAIN PEAKS COUNSELING 580 E. 600 S., Su 210 Provo, UT 801-960-1620 (accepts most insurance carriers)</p>	<p>PROVO FAMILY CLINIC Services for Children, Youth and Adults 1165 E. 300 N. Provo, UT 801-377-1213</p>
<p>SPANISH FORK FAMILY CLINIC Services for Children, Youth and Adults 607 E. Kirby Lane Spanish Fork, UT 801-852-3805</p>	<p>VANTAGE POINT 24-hour Crisis Management Youth Service Center 1189 E. 300 N. Provo, UT 801-373-2215</p>
<p>WASATCH COUNTY FAMILY CLINIC Mental Health/Substance Abuse Services for Youth and Adults 55 S. 500 E. Heber, UT 435-654-3003</p>	<p>WELLNESS RECOVERY CLINIC Services for Non-Insured Children, Youth and Adults 580 E. 600 S. Provo, UT 801-852-3789</p>

Established in 1967, Wasatch Mental Health is a public comprehensive community mental health center serving primarily Medicaid cardholders in Utah County. The Center offers an array of programs designed to meet the needs of children, youth, adults and their families.

WMH is staffed by licensed mental health professionals who specialize in mental health recovery. These professionals include psychiatrists, APRNs, nurses, clinical psychologists, marriage and family therapists, clinical social workers, clinical mental health counselors, adult and youth case managers, residential services staff and a comprehensive administrative business staff.

SERVICES FOR FAMILIES

An array of outpatient services designed to meet the needs of children, youth, adults and their families. For admission information, contact the clinic nearest your home.

Services include:

- ☒ Case Management Services
- ☒ Domestic Violence Intervention Treatment Groups
- ☒ Individual, Group and Family Therapy
- ☒ Medication Management
- ☒ Nursing Services
- ☒ Peer Support
- ☒ Psychological Testing, as needed
- ☒ Skills Development and Behavior Management
- ☒ Therapy and case management services to children and their families in specifically assigned schools
- ☒ Therapists specializing in the treatment of abuse, trauma, behavioral problems, anxiety, depression and many other mental health problems

SERVICES FOR ADULTS

ADULT OUTPATIENT SERVICES

750 North Freedom Blvd, Provo, UT, 801-373-9656

Provides group and individual therapy, medication management and supportive counseling. Wide varieties of group sessions are provided and begin periodically. For admission information, contact the clinic nearest your home.

COMMUNITY SUPPORTIVE SERVICES

750 North Freedom Blvd, Provo, UT, 801-373-7394

Provides an array of programs to help individuals with serious and ongoing mental illness. Case management is a primary process that links mental health consumers and their families to community organizations and internal Wasatch Mental Health Services. Clients can also receive time limited therapy and skills development services with the aim to increase client independence.

INTENSIVE RESIDENTIAL TREATMENT SERVICES

1157 E 300 N, Provo, UT, 801-377-4668

An adult residential care/treatment program designed to help individuals who suffer from chronic mental illness by providing resources, services and opportunities as an alternative to hospitalization. An array of programs and support services are provided including: assessment, individual therapy, skill development, case management and psychopharmacology. A prescriber makes rounds weekly and is available on-call 24 hours a day.

SKILLS DEVELOPMENT SERVICES

605 E 600 S, Provo, UT, 801-373-7440

Provides a strengths-based approach where treatment, vocational training and support are provided to individuals to regain their social skills, vocational skills and maintain psychiatric stability. Members work closely with staff in taking responsibility for various programs on-site including: food services, clerical, financial, thrift store, building and grounds and computer/data entry to improve their social and employment skills.

UTAH COUNTY JAIL SERVICES

Provides the jail with a therapist and prescriber who conduct mental health clinics and consultation services. The goal of these services is to ensure the mentally ill inmate's stability while incarcerated and to prevent deterioration that might lead to harming himself/herself or others.

WASATCH ASSISTANCE TEAM COUNSELING

THE HOMELESS (WATCH)

299 E 900 S, UT, 801-852-3779

Provides individual therapy, medication management and case management services to adults who are chronically mentally ill, homeless and do not have traditional Medicaid, private insurance or SS/SSA benefits.

RECOVERY A Journey of Hope, Change and Empowerment